

### Mission

To provide wholesome and nutritious baked goods and foods for our customers.

www.adventistbakery.com



### SPROUTED VARITIES





Sprouted Red Bean Buns (6 in 1)



Sprouted Sweet Baby



Sprouted Fruit Loaf 230g

# RICHIN SUTRIENTS AND BURSTING WITH FLAVOUR







Wholemeal Bread 450g



Apricot, Honey & Sunflower seed Loaf 430g

### WHOLEMEAL BREADS & BUNS



### CINNAMON ROLLS



Original (4 in1)

Pandan Kaya (4 in 1)

Walnut (4 in 1)

Sprouted (4 in 1)



### STEAM SPROUTED PAO



Mushroom & Vege Pao (6 in 1)



Yam Pao (6 in 1)



Spicy Soya Pao (6 in 1)



Flax Seed Mantao (6 in 1)



Red Bean Pao (6 in 1)



Pandan Coconut Pao (6 in 1)



### WHOLEMEAL MUFFINS



Bran

Almond

**Chocolate Chips** 

**Orange Peels** 

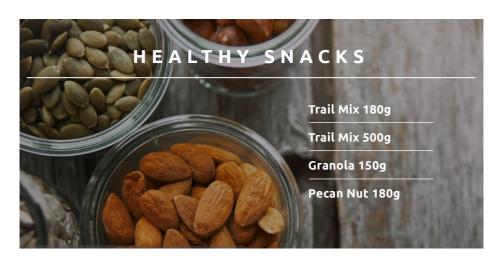
Walnut carrot

### EGG TART



Egg Tart (4 in 1)

Pandan Egg Tart (2 in 1)



# COOKIES



Black Sesame 150g

Seed with Flax Seed & Chia Seed 150g

Sprouted Wheat 250g

Oat Crunchy Cookies 100g

Soft Chocolate Cookies 200g

# INCREDIBLE NUTRITIOUS SOURCE

Just a handful packs a powerful punch of vitamins, minerals and fats, all of which work together to protect your heart, your brain and affect your waistline.



### **HEALTHY GRAINS**



- 1. A-Oats Quick Oats 1kg
- 2. A-Oats Rolled Oats 1kg
- 3. A-Oats Oat Bran 1kg

## SEEDS & DRIED FRUITS







Chia Seeds 250g

Flax Seeds 500g

**Premium Dried Apricot 250g** 



# **ADVENTIST BAKERY**

Operated by Adventist Health Services Malaysia Sdn. Bhd. (213982-P)

At the Adventist Bakery, we are dedicated to the task of providing delicious and above all, natural and wholesome foods that are just what we need to nurture good health.

It all started at Penang Adventist Hospital with the idea that nutritious and healthy food can also be tasty and stimulate the appetite. At the time, the ultimate aim was to help the patients of Penang Adventist Hospital heal through good nutrition.

Today, by continuing to use quality ingredients that are full of nutrients like sprouted grains, and a determination to maximise taste and flavour - the Adventist Bakery brand has become synonymous with the promise of Good Health in Every Recipe.

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